



Huddinge

Domestic violence

**can take many different
forms**

- but is never acceptable!

Not all violence leaves visible marks

To harm, scare, or violate someone you have a relationship with is a crime. Never an expression of love.

Violence can be a mobile phone being monitored, beatings, strangulation or constantly being told that you are worthless. The person you're with may try to force you to do things you don't want to or prevent you from doing things you want to do.

Have you ever used domestic violence or threats?

You may not consider it violence, but you know that you sometimes cross a line. Is someone you care about afraid of you?

Do you have children?

Exposure to violence have serious consequences for children no matter if it is experienced first hand, seen, heard or in any other way exposed to them in their home environment.

Are you or anyone you know exposed to domestic violence?
Have you ever used domestic violence or threats?

Help is available!

Contact us

Enheten mot Våld i nära relationer,
vuxenmottagningen.

Telephone: 08-535 30 300

During evening and weekends the
social emergency service is available
on 020-70 80 03.

In case of emergency, call 112!



huddinge.se/vald